

# #RestoreOcean

## TO PROTECT FOOD SYSTEMS

### IMPROVING SELF-SUFFICIENCY



70%

of aquatic food consumed in the EU is imported.

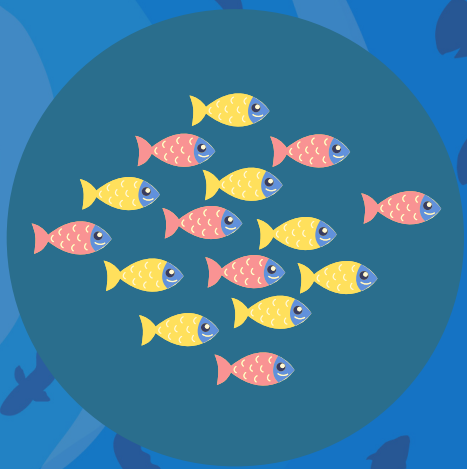
Restoring marine habitats – like seagrass and sandbanks – would regenerate fish populations and provide additional income for fishers.

### MPAS MEAN MORE FOOD

In the Columbretes Islands Marine Reserve, Spain, zones where fishing is restricted have led to fish populations growing by

10%

over an 8-15 year period!



### FOODIE FACTS



A new study of the world's 13th largest MPA in Mexico shows that large-scale, offshore, fully-protected MPAs have no negative impact on fisheries, help prevent biodiversity loss, and restore food chains vital to food systems.



ClientEarth



OCEANA

#RESTORENATURE



Funded by the European Union, the Pew Bertarelli Ocean Legacy Project, [the Becht Family Charitable Trust and Blue Nature Alliance] and other funders. Views and opinions expressed are, however, those of the author(s) only and do not necessarily reflect those of the funders. Neither the European Union, nor the Pew Bertarelli Ocean Legacy Project, nor the Becht Family Charitable Trust, nor the Blue Nature Alliance, nor other funders can be held responsible for them.